



# **Jes-Extender** **Quick Guide**

**Congratulations on your Jes-Extender!**

It is the first and best male enhancement device on the market. This is a brief description of how to use the product, the most common questions/answers, key accessories and the overall guidelines for warranty and terms. Please make sure to read the full details on these subjects on our website:

Instructional videos:

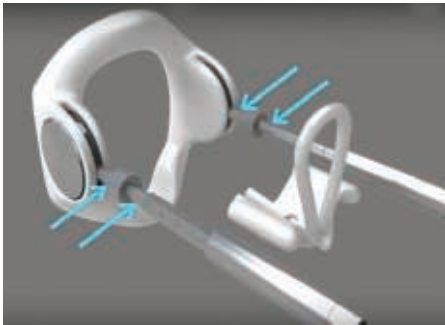
[www.jes-extender.com/instructional-video-user-guide](http://www.jes-extender.com/instructional-video-user-guide)

Q&A:

[www.jes-extender.com/questions-and-answers](http://www.jes-extender.com/questions-and-answers)

Accessories:

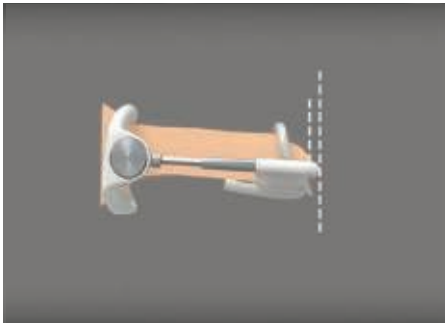
[www.jes-extender.com/products/accessories.html](http://www.jes-extender.com/products/accessories.html)



# 1

GET  
STARTED!

Before fastening the plastic front piece, make sure there is 1mm (0,04 inch) space on both sides of the handle on the adjustment screw, facing both the hexagonal piston, as well as the base plastic ring. This enables the adjustment screw to expand on both sides of the handle.



# 2

WHAT  
IS YOUR  
PERSONAL  
LENGTH?

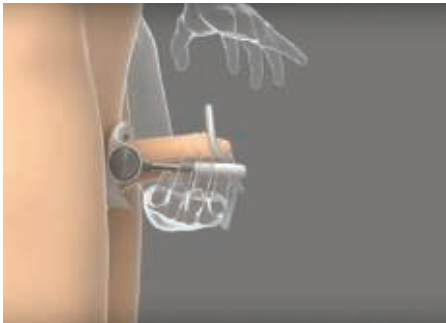
When finding the suitable number of elongation bars to fit you, the total length of the device should be slightly longer than your flaccid, but fully stretched penis. Please add the suitable number of bars to match your current size.



# 3

ATTACH THE  
PLASTIC FRONT  
PIECE!

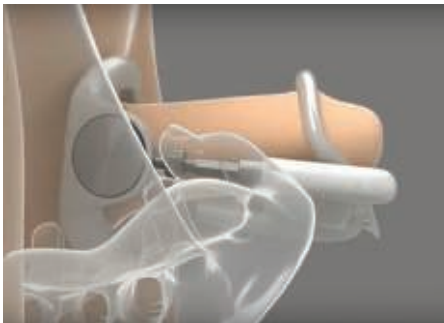
Attach the plastic front piece, by inserting the bars into the holes of the front piece, pushing it towards the base firmly, bringing the springs home, and continue until you hear a click, indicating that the front is securely attached to the bars. Insert the silicone tube in the front set of wholes (shown) or the comfort strap into the slots. You should only use one of the 2 options. Try both and see which suits you best.



# 4

PUTTING  
IT ON!

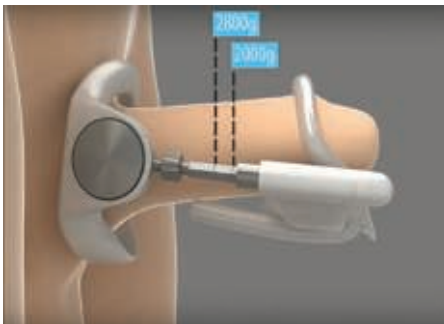
Loosen the silicone tube (or strap) and slip the device over your penis. Push the plastic front piece towards yourself, until the springs reach home. Now tighten the silicone tube (or strap) behind the edge of your glans. Your penis should be flaccid, and fully stretched. The tube should be fastened underneath the plastic front piece in the grooves. If it is a tight fit stretch the tube a bit to make it thinner before inserting into the grooves. If you use the strap simply tighten it until you reach a snug fit.



# 5

ADDING  
MORE  
TRACTION!

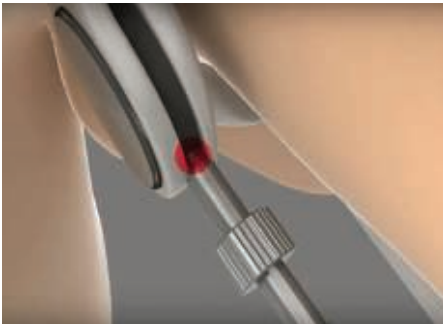
Release the front piece, and let the springs expand again. You should now feel a stretch of your penis (if not go back to (2) and add more elongation bars). Now turn both the hand screws inwards simultaneously, and notice the hand screw expand on both sides, and the stretch increase accordingly.



# 6

FINDING  
YOUR  
LEVEL OF  
TRACTION!

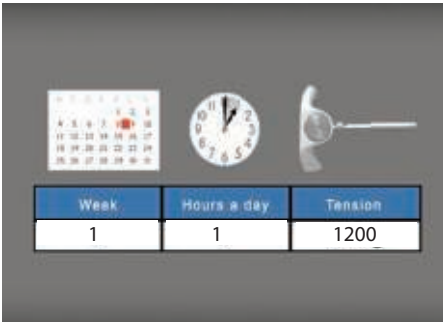
As you keep turning the hand screw, the stretch becomes noticeable, and you will see the hexagonal piston submerge into the cylinder. The further into the cylinder the more traction. If you reach mark 1 the traction is 1200 grams, mark 2 is 2000 grams, and mark 3 is 2800 grams (mark 1 is not shown in the picture).



# 7

DON'T GO  
TOO FAR!

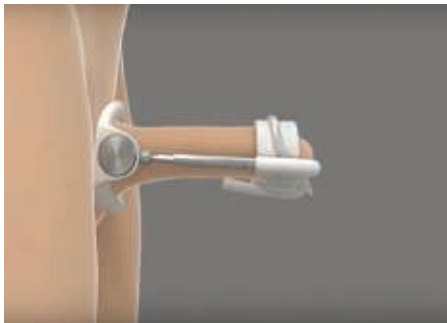
If you continue turning the hand screw you will eventually see threads become visible, and this means it is time to stop turning. If you haven't reached the suitable amount of minimum traction (1200 grams initially), and still see the threads, you should go back (to 2) and add more elongation bars and retry.



# 8

SLOW  
START UP  
ROUTINE!

Please follow a slow start up routine, and use the device for 1 hour in the first week, at 1200 g traction. Continue to add more traction as well as hours, according to our guidelines.



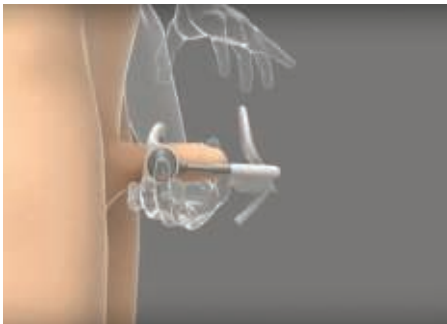
## 9 MEANS OF PROTECTION!

If you initially become sore/irritated behind the glans where the tube/strap touches your skin, you can use the Protection Pad included as a cushion underneath the tube/strap. We have other means of protection such as Cohesive Gauze, or the “No Slip Protec” which can be found in our accessories section, if not delivered with your device model. All these protection aids should be placed as shown above.



## 10 HOW TO WEAR!

You can wear the Extender in any angle suitable to you – try it out and see which is more comfortable for you.



11

TAKING IT  
OFF!

When you want to take off the Extender, simply release the tube (strap) and pull the device away from you.

12

## WORDS OF ADVICE

Please allow the treatment to work slowly, the results will come. This is not a sprint, but a marathon. The average gains are 10% in erect length (8 % in girth) after 400 hours of treatment, at 2000 grams traction. Most men can achieve 400 hours in 2 months, so you should be able to achieve 30% increased length in 6 months. The new length is permanent and you don't need treatment to maintain it. Continued treatment will give you continued results, but please don't go to extremes, and stop after a suitable gain in size. Please see the entire detailed 3-D instructional video (6 languages) at [www.jes-extender.com/instructional-video-user-guide](http://www.jes-extender.com/instructional-video-user-guide).

# JES-EXTENDER. ALL YOUR QUESTIONS ANSWERED!

## 1. What is it, and how does it work?

It is a medical penis enlargement device. It uses the bodies' natural response to traction, by creating new tissue cells. Used as your personal training device it increases your length AS WELL as your girth.

## 2. Does it actually work, and can you document it?

Yes! First of all we have many feedbacks from our clients during the last 20 years. Also "The British Journal of Urology" published an article in 2011 on the subject with this conclusion among others: "It seems that penile extenders represent the only evidencebased technique of penile elongation".

## 3. How much should I wear it, and when can I expect results?

After a brief startup phase, most wear it for 5-6 hours daily, which in the first 2-3 months will give a 10% increase in erect length. 10% increase is of course highly noticeable. After using it for 4 to 6 months clinical trials document an average growth of 28% in length and 19% in girth.

## 4. How long can it get, and are the results permanent?

In theory you will continue getting results from continued use. We are not aware of any maximum, but some very patient users have more than doubled their size. Your results will stay the same after stopping the use, since the new cells created will stay around in any event.

## 5. Does this work for all men, having all sizes to begin with?

Yes – everybody will see a result after correct and diligent use. The increases mentioned are from clinical research, and they are average. Some will see results slightly above or below these figures. The device will fit sizes from 4-22 cm in the stretched flaccid state.

## 6. Do you guarantee that it works for me?

Yes, if you after diligent, documented use haven't achieved any results, we offer a double money back guarantee. [www.jesextender.com / account / myjesextender](http://www.jesextender.com/account/myjesextender).

## 7. Any side effects?

No – the use will not affect, fertility, stamina, urination or erection force. In fact many users report improved erection and stamina, due to the increased blood flow from the treatment.



## JES-EXTENDER. ALL YOUR QUESTIONS ANSWERED!

### 8. Do the use of the Jes-extender require medical experience or the help of a doctor?

No, the penis extenders come with printed or digital easy to understand instructions in 6 languages, explaining exactly how to use the device and how it will make your penis bigger. All instructional films are available online at <https://www.jes-extender.com/instructional-video-user-guide>

### 9. Does Jes-extender require a certain length or thickness of the penis?

No, the Jes-extender is developed for penises of all proportions above 4cm/1,6 inch. It can also be used on circumcised penises.

### 10. Can Jes-extender be worn at work and while you sleep?

If you have a non-physical job, the penis extender can be worn under boxer shorts and loose fitting trousers - helping you to achieve a Bigger penis all day long. It can perhaps prove difficult to keep on during sleep if you twist and turn a lot. The only way to determine this is by trying.

### 11. Do I have to follow a fixed treatment pattern?

No, you can wear the penis enlarger as you please. There is a start-up program for weeks 1-6, after which the penis enlargement results depend only on the total amount of hours worn and the traction involved.

### 12. Is it for men of all ages?

You must be minimum 18 years of age to purchase from us. As for an upper age limit, it is individual – we have some users in their mid-seventies who are getting good results!

### 13. Is it for circumcised men also?

Yes the Jes-extender can be used for both uncircumcised and circumcised men!

### 14. Can I have sex during the treatment?

Yes you can have a perfectly normal sex life during treatment. Some users in fact indicate they have stronger erections due to the added blood flow from the treatment

## NO-SLIP PROTECH



This aid helps add girth and furthermore adds both protection and friction to secure the strap easier and more comfortable. Reduces slipping, and increases grip and comfort. The no slip Protech should be wrapped around the back of the glans, and the rubber strap should be placed right on top of it. Can be reused.

## PROTECTION PAD



Increases grip and comfort. "Open" the Protection Pad with 3 fingers, place it at the back of your glans, and let it go. It will go back to the original size for a snug fit. Place the strap right on top of it. Can be reused.

## COHESIVE GAUZE



Cohesive Gauze. Increases both protection and the securing of the strap or silicone tube. Reduces slipping, and increases grip and comfort. The Cohesive Gauze should be wrapped 2-3 times around the back of the glans, and the strap should be placed right on top of it. 1 roll is enough for 4-6 uses.

## 3M ADVANCED COMFORT PLASTER



This plaster also works as means of protection of the skin, and to increase grip/comfort and avoid slipping. Through a unique formula you use this as a plaster to be placed underneath the drawn foreskin, behind the glans. Put the tube/strap on top as you would normally. When the plaster removed there is no pain/discomfort due to the “glue formula” – contrary to what you would imagine.

## TRANSPARENT STRAP



Transparent Silicone Tube, one unit. Alternative method of fixation, compared to the rubber strap. Some users prefer this to the strap. Should be inserted into the holes in the front piece combo, and locked into the ridges at the bottom.

## CUSTOM VELCRO STRAP



Custom Velcro Strap Set of: Front piece slot, Velcro fastening for precise pressure and protection pad. A combination of the plastic support, Protection Pad and a velcro strap, allowing you to use seamless adjustment of the tension.

# PRODUCT WARRANTY

Overall guidelines: Please see “[sales terms](#)” here:

[www.jes-extender.com/sales-terms-and-conditions](http://www.jes-extender.com/sales-terms-and-conditions)

If something is missing or if you have complaints over the contents of the package, or wish to return the product, you must advise us within max. 2 weeks after receiving the package. If you haven't seen any results after using the device diligently over a period of 6 months, we will refund your money twice, terms apply! If something breaks during normal use within 12 months, we will send parts, repair or replace free of charge. Due to the nature of the product we cannot offer a refund on the device, if the sealed plastic bag in which the product is delivered, has been opened.



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